

# Local business owner matches chocolate charity pledge

FOR IMMEDIATE RELEASE

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Tamsin Brewis and the office team at Water Babies Bucks and Beds, on Middleton Road, have raised £100 for the British Heart Foundation by giving up chocolate – and a few other favourite snacks – for 31 days in March, as part of the annual ‘Dechox’ campaign.

By placing a donation in a ‘chocolate jar’ every time they fell off the wagon, the team’s (lack of) willpower amounted to a £50 donation for the well deserving charity.

To congratulate her colleagues for their combined efforts, Tamsin doubled the funds to £100 in total. Tamsin, who lives in Banbury and has been teaching local little ones to swim for nearly fourteen years, was incredibly proud of her team for their dedication to this cause.

“In order to raise as much money between us as possible, we put more effort into encouraging each other’s failure than trying to resist temptation ourselves! As I predicted, most of us fell off the wagon – more than once – but it was all great fun, and for an important reason too. We all know someone who has been affected by heart disease, in one way or another, so this was a great opportunity for the team to give back.”

After one month without chocolate, the team congratulated themselves by indulging in an Easter egg – or two – on the 1st April.

-Ends-

Image attached – Tamsin Brewis with the office team (L-R Claire Dummer, Jamie Greer, Elizabeth Brownlow, Eve Tetlow and Tamsin) with their donation cheque.

For more information, visit <https://www.waterbabies.co.uk/contact/bucks-and-beds>

If you would like to speak with Tamsin directly, please contact Kelly Ayres on 07895 876745  
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**About Water Babies**

[www.waterbabies.co.uk/contact/bucks-and-beds](https://www.waterbabies.co.uk/contact/bucks-and-beds)

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**Images:**

1. <https://journalink-static.s3.amazonaws.com/releases/8acdffda33a41ace53e81d4bb2ae5a20.jpg>

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